

# PEDS NEWS



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C & C Medical Associates, Pediatric Clinic Newsletter September, 2014

## How to Apply the Apple Health Medical Insurance?

Thank you for choosing Pediatric Clinic, C & C Medical Associates as your health care choice for your children. We look forward to getting to serve you better, and please notify us if you experience any difficulties or inconveniences along the way. We enjoy caring for the children of our community.

To apply Apple Health Insurance, please call 1-800-562-3022 for application; or use internet [online application](#). For your convenience, our [website](#) lists the link for the [Apple Health Application](#).

- ### In This Issue
- How to Apply the Apple Health Medical Insurance?
  - How to use our website link to apply for WA Apple Health for your Child, step by step?
  - What do you need to know about WA Medicaid?
  - Ebola and Enterovirus D68—What do you know?

### How to use our website link to apply for WA Apple Health for your Child?

1. Go to our clinic website at <http://ccmedical.org> and click "Links" (see red arrow below)

The screenshot shows the website's navigation menu with 'Helpful Links & Resources' highlighted. Below the menu, there is a 'Pediatric Clinic Welcomes You!' section with a photo of children playing. To the right, there are sections for 'CDC Immunization Schedule', 'Contact Information', and 'Hours of Operation'.



2. Then Click the first “WA Apple Health Application”. If you need to renew your Apple Health, click the below line “Renew Apple Health”

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**Helpful Links & Resources**

- Healthcare Services**
  - WA Apple Health Application
  - Renew Apple Health
  - WA COVID
  - Kids Insurance (CHIP)
  - WA Apple Health for Kids
  - Adding Members to Washington Apple Health (Medicaid)
  - Gestational Charts & Growth Charts
- Immunization and Health Info**
  - Vaccine Information Statements (VIS)
  - Healthy Children
  - CDC Immunization Profile
  - CDC
  - Health Education Resources Exchange (H.E.R.E.)
- ADHD, Autism, Mental Health, & Denver II Screen**
  - ADHD Toolkit
  - Autism Spectrum Disorders eBook by Judith H. Miles, MD, PhD
  - Autism Checklist
  - Autism AI-CHAT
  - Autism Screen Tools Free Download
  - Autism PDD Information
  - Autism Treatment Network
  - Mental Health Access
  - Denver II Developmental
- Online Drug Information**
  - Eprescribe
  - ISMP
  - Medline
- Other Useful Links**
  - WaApple
  - Adult Physician Network
- HIPAA Training**
  - WAH & Resource Hub

3. It will link you to the [Washington Healthplanfinder](#) page, the official website for Apple Health Application. Click “[Apply for Coverage](#)”

washington healthplanfinder  
click. compare. covered.

UPCOMING OPEN ENROLLMENT: NOVEMBER 15, 2014 TO FEBRUARY 15, 2015

**Find Health Coverage that is Right for You**

Welcome to Washington Healthplanfinder, a new way to help you find, compare and select a quality health insurance plan that is right for you, your family and your budget.

[Find and Compare Health Plans](#)

[Apply for Coverage](#)

**Sign In**

USERNAME

PASSWORD

Remember Me

Sign In

Forgot your username?  
Forgot your password?  
Create an account

## Enterovirus D68 in the United States, 2014

### What We Know

EV-D68 infections have recently been documented across the United States.

From mid-August to October 1, 2014, CDC or state public health laboratories have confirmed a total of 500 people in 42 states and the District of Columbia with respiratory illness caused by EV-D68. Learn about states with confirmed cases. This indicates that at least one case has been detected in each state listed but does not indicate how widespread infections are in each state.

Enteroviruses commonly circulate in summer and fall. We're currently in middle of the enterovirus season, and EV-D68 infections are likely to decline later in the fall.

This increase could be caused by many different viruses that are common during this time of year. EV-D68 appears to be the predominant type of enterovirus this year and may be contributing to the increases in severe respiratory illnesses.

Hospitals in Missouri and Illinois were the first to document this increase that was later identified to be caused predominantly by EV-D68 infection. [Read more.](#)

[Read more.](#)

# What you need to know about WA Medicaid.....

- **Choose your insurance plan.** Under Apple Health, you have 5 different plans to choose from (Amerigroup (AMG), Coordinated Care (CCC), Molina (MHC), UnitedHealth (UHC) and Community Health Plan of WA (CHPWA). Within 90 days of your Apple Health begins, you will need to choose one of the plan or you will be assigned to one of them. We no longer accept Community Health Plan of WA (CHPWA) in our Federal Way Pediatric Clinic.
- **Choose your primary provider:** You will need a primary provider after you choose a managed plan. It is your responsibility to confirm that your physician of choice is a currently participating physician with the insurance plan you selected or assigned.
- **Start newborn the insurance:** WA Medicaid issues all children self-insurance plan. Regardless your insurance status, after giving birth, you need to call Medicaid 1-800-562-3022, in your earliest convenience, to start the newborn own insurance.
- **There are two children insurance programs** available to the families with different levels of incomes— Medicaid & CHIP. For more information, please visit our website [link](#) for more information
- **Get help with any special disability needs.** Transportation arrangement available. Please Access Metro 206-205-5000 for further assistance
- **Get help with any special language needs.** Please call CTS Language Link Custom Service 1-800-535-7358 for further assistance



## Ebola Update CDC and Texas Health Department Confirm First Ebola Case Diagnosed in the U.S.

CDC confirmed on September 30, 2014, the first case of Ebola to be diagnosed in the United States in a person who had traveled to Dallas, Texas from West Africa. The patient did not have symptoms when

leaving West Africa, but developed symptoms approximately five days after arriving in the United States.

The person sought medical care at Texas Health Presbyterian Hospital of Dallas after developing symptoms consistent with Ebola. Based on the person's travel history and symptoms, CDC recommended testing for Ebola. The medical facility isolated the patient and sent specimens for testing at CDC and at a Texas lab participating in CDC's Laboratory Response Network. CDC and the Texas Health Department reported the laboratory test results to the medical center to inform the patient. Local public health officials have begun identifying close contacts of the person for further daily monitoring for 21 days after exposure.

The ill person did not exhibit symptoms of Ebola during the flights from West Africa and CDC does not recommend that people on the same commercial airline flights undergo monitoring, as Ebola is only contagious if the person is experiencing active symptoms. The person reported developing symptoms several days after the return flight.

[Read More](#)

## Enterovirus D68

Enterovirus D68 (EV-D68) is one of more than 100 non-polio enteroviruses. This virus was first identified in California in 1962.



### What are the symptoms of EV-D68 infection?

EV-D68 can cause mild to severe respiratory illness.

Mild symptoms may include fever, runny nose, sneezing, cough, and body and muscle aches.

Severe symptoms may include wheezing and difficulty breathing.

See EV-D68 in the U.S., 2014 for details about infections occurring this year.



### How does the virus spread?

Since EV-D68 causes respiratory illness, the virus can be found in an infected person's respiratory secretions, such as saliva, nasal mucus, or sputum. EV-D68 likely spreads from person to person when an infected person coughs, sneezes, or touches contaminated surfaces.

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## Contact Us

Give us a call for more information about our services

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